

*Plus a special one-off event:*

**THE BOOK OF ACTS: a day of Bible teaching**

Led by: Rev'd John Proctor,  
General Secretary of the United Reformed Church

Where? The Church At Perton

When? Saturday 23rd March, 2019

10.00am to 3.00pm

Free! Drinks provided. Bring your own lunch.

*The Covenanting Churches  
of Wolverhampton West*

***LENT COURSES 2019***



**LENT LUNCH SCHEDULE 2019**

	<b>Date</b>	<b>Location</b>
<b>Lent lunch 1</b>	9 March	Church At Perton
<b>Lent lunch 2</b>	16 March	Tettenhall Wood URC
<b>Lent lunch 3</b>	23 March	St Michael's: Tettenhall Parish Centre
<b>Lent lunch 4</b>	30 March	St Thomas: Newman Centre
<b>Lent lunch 5</b>	6 April	St Columba's, Finchfield
<b>Lent lunch 6</b>	13 April	Good Shepherd, Castlecroft

*Lent is traditionally a time for study, reflection and spiritual growth, and many of us value the opportunity to do so in the company of other Christians of different backgrounds. This leaflet contains details of the courses offered by local churches this Lent. Take a look, and see what captures your imagination - or is at a time or on a day you can manage. You'll be sure of a warm welcome whichever you one choose.*

### ***Lifting the Lid***

This is a 6 week Bible study course produced by the charity 'Livability', a charity which connects people with their communities, tackling social exclusion and the barriers that cause this in the lives of disabled and vulnerable people. Did you know that one in four of us will have a diagnosable mental health condition in our lifetime? 'Lifting the Lid' is a great resource, a six week Bible study course focused on faith and mental health, created to help church small groups use the Bible as a guide to emotional and mental wellbeing. People can be wary of sharing their experiences, and opening discussions can be challenging, but churches can play a key role in lifting the lid on mental health, by creating spaces that listen and welcome.

Where? The Church At Perton

When? Tuesdays at 7.30pm:  
12th, 19th & 26th March; 2nd, 9th, 16th April

AND Wednesdays at 10.30am:  
13th, 20th, 27th March; 3rd, 10th, 17th April

*Feel free to move between groups, according to convenience.*

### ***Spiritualities***

Allen Roberts will be offering a course entitled 'Spiritualities' which will explore four different spiritual traditions. The course takes place at Church Cottage, St Michael's, Tettenhall, beginning at 7pm. Sessions will last approximately 90 minutes and there will be a booklet for each session. The dates are as follows:

Tuesday 19<sup>th</sup> March – Celtic Spirituality

Tuesday 26<sup>th</sup> March – Franciscan Spirituality

Tuesday 2<sup>nd</sup> April – Dominican Spirituality

Tuesday 9<sup>th</sup> April – Ignatian Spirituality

### ***Talking Jesus***

This course aims to inspire us to share our faith with others simply, confidently and naturally. Each session contains a short parable-style drama presented on DVD, and then input containing inspirational testimonies and real-life examples from around the country, backed up by the findings of a major research project. With time for questions and discussion, sessions last 60 to 90 minutes.

Where? Church of the Good Shepherd, Castlecroft

When? Tuesday afternoons beginning 12th March  
12.30 for a soup lunch; 1.00pm session start

AND

Where? Jubilee Rooms, Christ Church, Tettenhall Wood

When? Thursday mornings beginning 14th March  
10.30am (coffee from 10.00)

*Feel free to move between groups, according to convenience.*

*If there is demand for evening sessions these can be arranged. Please contact Joy Dipple: 01902 750680 - joy.dipple@gmx.co.uk*

### ***The Sacraments***

Where? St Christopher's, Codsall

When? Thursday evenings at 7pm  
Beginning 7th March and running until Thursday 11 April

### ***Another Story Must Begin***

- an original Lent course based on the film, the novel and the stage adaptation of Victor Hugo's *Les Misérables*. Through discussion of some of the themes and principal characters of this epic narrative, the course explores the grace of God, alongside our fallen state and opportunities for redemption.

Where? Church Cottage, Church Road, Tettenhall, WV6 9AJ

When? Wednesdays, 7:30 – 9:00pm, from 13th March

Contact: Rev'd Cath Leighton - 07903 164242