

Five-a-day the Eco way!

- ◆ REUSE, REPAIR, RECYCLE everything you can
- ◆ REDUCE meat & dairy, travel & energy. Shop LOAF (Local, Organic, Animal welfare, Fair trade)
- ◆ RESEARCH destructive practices and policies & positive alternatives
- ◆ REMIND, REQUEST & RANT! Persuade everyone change must come.
- ◆ REINVEST any savings in energy efficient appliances, solar panels or green banking

Five-a-day for a healthy planet!

Prayer for our caring of creation

Heavenly Father,

You have taught us that all creation is your handiwork.

Grant us your grace that we may exercise wise stewardship of this earth;
that we may tread lightly upon it, and cherish its resources.

Give us the courage to make change in our generation,

that our children may also enjoy the earth's riches, throughout all generations,
and your name be glorified through all that you have made.

Amen.

